

Janet T. Mills
Governor

Jeanne M. Lambrew,
Ph.D.



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
11 State House Station
286 Water Street
Augusta, Maine 04333-0011
Tel; (207) 287-8016; Fax (207) 287-9058
TTY: Dial 711 (Maine Relay)

Aroostook Public Health Council Quarterly Meeting

February 3, 2022

9:00 am – 11:30am

Virtual Meeting

The mission of the Aroostook DCC is to be the district-wide representative body for collaborative public health infrastructure development in Aroostook County by:

- ensuring the effective and efficient delivery of the 10 EPHS in Aroostook County
- creating and sustaining partnerships and shared public health resources
- promoting county-wide collaboration in public health assessment, planning, implementation, and evaluation;
- continually enhancing the quality of public health services provided

Minutes

In attendance: Andrea White, ACAP; Bill Greaves, Emergency Management, Houlton Band of Maliseet Indians; Bill Flagg, Cary Medical Center; Carol Bell, Community Representative; Darren Woods, Aroostook EMA; Dawn Roberts, NL AR Gould Hospital; Dr Rachael Albert, UMFK; Ellen Bartlett, Houlton Regional Hospital; Ellen Bemis, Aroostook Mental Health Center; Erik Lamoreau, AMHC; Gabe O'Brien, MYAN; Heidi Warman, Katahdin Valley Health Center; Darren Wollack, MYAN; Julie Miller, AMHC; Jane Rioux, NL Home Care and Hospice; Jonathan Cote, Loring Job Corps.; Kate Easter, Pride Aroostook (professionally - MCEDV); Kim Parent, Power of Prevention; Leah Buck, NMCC/AHEC; Mark Bourgoïn, NL HCH; Matthew Grillo, NMCC; Norm Fournier, County Commissioner; Robin Baxter-Beckwith, Seniors Domestics; Stacy Boucher, Maine CDC; Sue Powers, Aroostook County Action Program; Sue Bouchard, Fish River Rural Health; Suzie Boutillier, Aroostook Agency on Aging; Tammy Hatch, Public Health Nursing; Trisha House, Office of Senator Susan Collin; Leona Alvarado, Houlton Band of Maliseet, Tribal PH Liaison; Katherine Putnam, TNLH; Maura Goss, Maine CDC

Minutes

Welcome – Dr. Rachael Albert, Chair

- Housekeeping

Topic: **ACAP & Maine Cancer Foundation Collaboration Grant**

Presenter: **Andrea White, ACAP**

- TEACH Grant (Transportation, Education, Access, Care and Housing)
- Two-year Cancer support grant that ACAP will be using to assist with transportation, food & lodging.
 - Making sure that people can get to their cancer appointments.
- Program is not contingent on income, a provider must confirm the cancer diagnosis
- Need volunteer drivers – open to suggestions.

District Operations Update

- August 4, 2021 APHC Meeting Minutes were approved as written. Motion to approve: Dawn R., Seconded, Norm. No discussion. All in favor.
- Maine CDC – District Liaison Update – Stacy Boucher
 - COVID 19 Statistical Data
 - Wastewater testing for COVID – hoping to get data soon.



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- State Alzheimer's Workgroups meeting last three months
- SCC: Compiling the State Public Health Systems Assessment reports
- Council Coordinator Update- Maura Goss, APHC

Topic: **Youth Engagement**

Presenter: **Gabe O'Brian**, MYAN and **Julia Miller**, AMHC

- Youth Engagement as Primary Prevention
 - Overview of MYAN work & theories
 - Youth Continuum – Youth engagement & Adult coaching is the goal
- Discussion: Gabe, Rachel, Kate, Leona, Andrea & Bill*

Resources:

- If you know youth interested in the youth council:
https://docs.google.com/forms/d/e/1FAIpQLScM_9x45o0iaI4QQZwUEpO3RoypreAXC0ZMDSW1ipr9icWDOQ/viewform
- Aroostook MYAN work: https://www.myan.org/wp-content/uploads/2022/01/MYAN_AR2021.pdf
- MYAN success stories: https://www.myan.org/wp-content/uploads/2021/11/MYAN_FY21_Success_Stories_web.pdf
- Aroostook Teen Leadership Camp: <https://www.atlccamp.org/>

SCHNA Updates – Stacy

- Preliminary Data: November 2021 Aroostook CHNA
 - Four Priority Areas: Mental Health, Alcohol and Substance Use, Access to Care & Older Adults/Healthy Aging – Hospitals use these priorities for Strategic Plans
 - Health Topic & Health Indicators breakdown
 - Statistics and Qualitative Data being collated – final reports: April 2022

Discussion: Stacy, Bill & Maura

APHC Committee Updates

- Healthy Aging – Maura
 - Meeting Quarterly
 - Age Friendly Communities have joined the meetings.
- Public Health Emergency Planning – Darren Woods, Aroostook EMA
 - DOT storm update & how COVID is still affecting things
 - Aroostook EMA still lacking the ability to stage equipment
 - ACTION:** If you know of space please let Darren know
 - Homelessness issue in Aroostook effected by COVID-19
 - Emergency Planning – Pandemic planning on hold until partners have more availability
 - Distributed resources to all four hospitals (March 2020 – leaving resources until there is no need)
- Homebound Vaccination Workgroup – Jane Rioux, NL HCH
 - Continue to go out and vaccinate, first does, second doses, boosters & flu shots
 - Process of referral
 - 150 – 200 vaccinations done



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- COVID-19 Messaging Workgroup Sherry Locke, ACAP
 - Suggestion: Homebound Vaccination promotions
 - Met this week
 - County wide collaborating to create current & updated messaging
 - Updating Vaccine Sites Flyer & Testing Site Flyers
 - ACTION:** Please let Maura know about changes
 - Updating Protective Layering messaging
 - A Path Forward WAGM – COVID-19 Impacts & Resilience

RoundTable

- Bill Flagg
 - MPHA – Has been talking about the Funds for Health Maine
 - Bill encourages people to join & advocate
- Dawn – AR Gould
 - Senior Newsletter new this month
 - Wear Red this Friday for Heart Health – 500 informational bags
 - Virtual Cooking Classes – NMCC & AAA Collaboration
 - Blood Drive on February 15 in PI and February 16 in Houlton
 - Attending Limestone Winter Fun Day March 5th
- Sue Powers – ACAP
 - New representative for ACAP
 - Community Needs Assessment: <https://acap-me.org/mt-content/uploads/2022/01/mecap-statewide-community-needs-assessment-report-with-appendices-final-12032021.pdf>
(Aroostook top five: affordable quality childcare, safe affordable housing, holistic person centered healthcare, employment, access to transportation)
 - ACAP has held a SNAP Ed Grant from UNE – Expanded for services for Center/Northern
 - ACAP awarded a grant from the US CDC called Closing the Gap: planning grant about SDoH
 - Marketing Campaign with AAA on the Rental Assistance Program, specifically the Utility Benefit
 - New Youth Outcomes Grant – Breakthrough Youth: Educational Services to youth re: literacy and social-emotional Health
 - Homeowners Assistance Program coming online soon
 - Maine CAP & Maine State CHNA discussion about combining reports together in 2024 cycle
- Katie Putnam – TNLH
 - New attendee
 - New Service – Pediatric Occupational Therapy Services
- Darren Wallok – MYAN
 - Introduced himself
 - Based in Brunswick, work in Aroostook on restorative practices
- Norm Fournier – County Commissioner
 - Aroostook County has received American Rescue Plan Funds – \$.5M already allocated; Letter of Intent 2/15/22 – Full Application 4/29; Second round 2023 & 2024
 - Information on the Public Hearings that were held around the state and in Aroostook last week is on the county website: <https://www.arostook.me.us/>



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- Ellen Bartlett, HRH
 - HRH continues to promote & administer vaccines
 - COVID-19 Hospitalizations down; HRH is still seeing daily community cases
 - New 3D monography service
 - Houlton Community has its Annual Moose stompers weekend this year – HRH will have a booth discussing injury prevention
- Heidi Warman – KVHC
 - KVHC clinic in Houlton & Ashland. Continue efforts for vaccinations efforts
- Kate Easter – Pride Aroostook
 - Pride Aroostook is a volunteer organization celebrating and affirming LGBTQ+ and Transgender Aroostook County residents. We are planning Pride 2022 right now.
 - If you or your organization are interested in building resilience for Q+ and Trans youth and adults and want to partner with Pride Aroostook, please contact me at pridearostook@gmail.com.

Meeting Adjourned.



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